

BREAKFAST AFTER THE BELL WORKS

Not all kids are coming to school ready to learn. Many are missing breakfast, and without that meal, their chance to succeed at school is drastically reduced. Kids in Washington state are too hungry to learn. The good news is there's a solution: **Breakfast After the Bell** incorporates the most important meal into the school day and will ultimately increase achievement levels. We know that schools can't do this alone. That is why private funders are mobilizing new resources for demonstration projects that will help schools transition to **Breakfast After the Bell**.





of low-income students in WA state who could have school breakfast do not



of educators believe school breakfast boosts academic achievement

Implementing Breakfast After the Bell

programs in WA's 400 high needs schools would result in 25,000 more free and reduced-price eligible students participating in breakfast each day, totaling 5.25 million additional breakfasts served each year.

5.25 million

additional breakfasts

25,000 students reached across the state

IN SCHOOLS THAT ARE MEETING NATIONAL BREAKFAST PARTICIPATION GOALS:



fewer incidents of suspensions and expulsions on average



fewer missed school days by students who are eligible for free and reduced-price food



more students meeting national reading standards on average



MODELS FOR IMPLEMENTING BREAKFAST AFTER THE BELL:

· Breakfast in the Classroom

Pre-packaged food items are in classrooms before the bell rings. Students eat at their desks at the beginning of class while attendance is taken and announcements are made.

· Grab 'n' Go Breakfast

Serving carts with packaged food are located in easily accessible areas like the cafeteria or near school entrances.

Breakfast after First Period

This option is best for secondary students and would be served in the cafeteria or other central location.

Flexible funding options are available to help pay for these models of implementing breakfast, including a new federal initiative called Community Eligibility, which could make it costeffective for high-poverty schools to implement

Breakfast After the Bell.

GOAL: 70%

Last year breakfast programs statewide reached only 44% of our target. The national goal that we're striving to reach is 70% of the target population getting breakfast.

We're all in this together. **Breakfast After the Bell** is supported by:











For more information about Breakfast After the Bell or the Future of School Breakfast in Washington report, please contact Lauren McGowan at Imcgowan@uwkc.org.